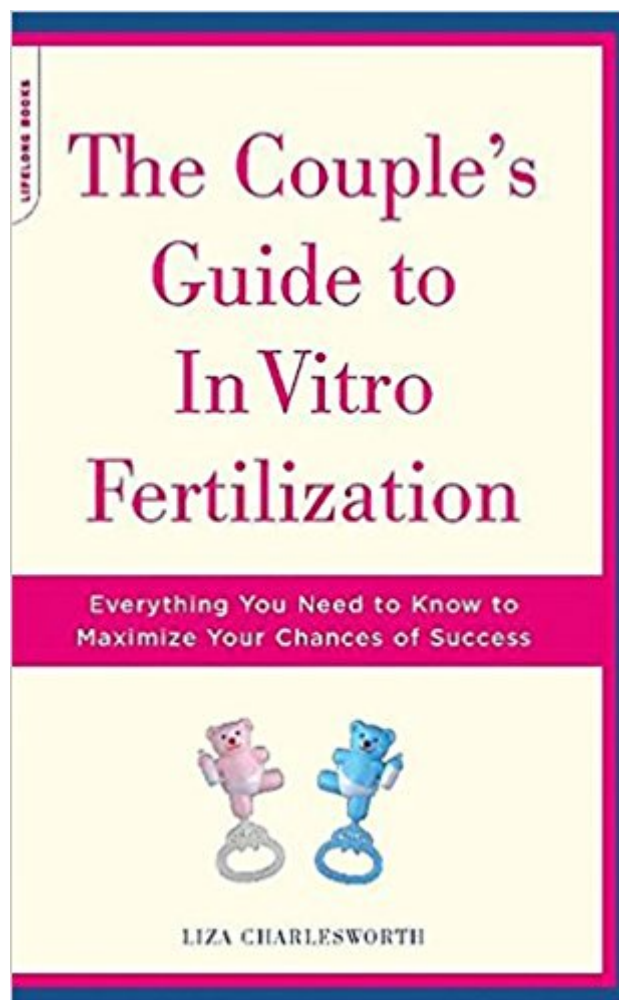




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# **The Couple's Guide To In Vitro Fertilization: Everything You Need To Know To Maximize Your Chances Of Success**



## Synopsis

Despite the fact that it is an expensive, complex, emotionally draining, and often last-ditch fertility treatment, there are now over 250,000 couples who consider in vitro fertilization (IVF) every year; more than 125,000 couples decide to undergo it. While dry, clinical information is available, there is a gaping need for sisterly advice from someone who's been through the process herself. From evaluating care and preparing for the complicated process to understanding egg retrieval and embryo transfer; from tips on taking medications and coping with hormonal surges to dealing with the emotional aspects of the grueling IVF process, Liza Charlesworth's *The Couple's Guide to In Vitro Fertilization* offers knowing, sensitive counsel. Full of hard-won personal wisdom and the most up-to-date medical information explained in layman's terms, this invaluable guide is sure to become recommended reading for couples trying to conceive and their families alike.

## Book Information

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## Customer Reviews

"This book offers support, guidance and valuable information for the couple considering this process." -- Parents Express March 2005

Liza Charlesworth underwent two rounds of IVF, the second of which was a success. An educational writer and the former editorial director at Scholastic Books, she lives in Forest Hills Garden, New York.

My husband and I have been trying to have a baby for a few years now. When it had not happened,

we decided to seek help from a reproductive specialist. Through numbers of tests, we found out that our highest chances of expanding our family would be with In Vitro Fertilization. I immediately started googling EVERYTHING possible. Which also lead me to have a lot of other questions about the process. I found that it is easier for me to read a full book on the subject instead of going to webpage after webpage at the different information they have. This book is great and very knowledgable. I will keep it in my book collection and pass on to someone else who has a lot of IVF questions as I did .

I read this book three months before starting IVF and found it incredibly helpful in my preparation, financially, emotionally, physically, and logistically. I would highly recommend this book to anyone considering IVF and would strongly suggest that anyone already in the planning process for their first cycle read immediately. From tiny nagging details regarding insurance to setting up a support network, this book covers it all. I did find that some of the information provided is not relevant as the book is a few years old, but never misleading or totally irrelevant.

Really helped me understand the in-vitro process, would have been lost without it!

I could not put this book down. Very good for anyone going through IVF. Best one I have read yet. I fully recommend.

good book for someone that is thinking ab out In Vitro.

This book is perfect for anyone preparing for this procedure/process. It is a very confusing and overwhelming experience and the book helps to explain all the details. I found it to be very helpful.

Does have some really good humor in the book. Will help while getting through the process of IVF. Doesn't have alot of specifics in it but does give you an overview of what to expect.

I thought this was a great book. Very easy to read, even when I was having trouble focusing. Very informative in breaking down and explaining the IVF steps with some great tips and things to think about that weren't addressed in other literature. It's like the girlfriend's guide to in-vitro. It's really positive, pretty much all the case stories ended with pregnancies, but sometimes that is just what we need when we're going through this.

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